



COVID-19 Adaptation Policy and Guidelines

Updated March 2022

Policies are updated with each new guidance change so please refer to the newest policy.

- Families should be performing daily health checks at home prior to coming into care. If a health check cannot be performed at home, one may be done at the center before the child enters their classroom.
- **Face masks are not required for either families or staff. Please use your best judgment for your family's well-being and the well-being of others.** Also, please be aware that illness policies are firm, and no discounts are given for time away from the center due to illness.
- Vaccinated persons do not need to quarantine in the event of exposure but will need to test and quarantine if symptoms occur.
- Physical distance between families is important. Please consider this when entering a classroom that already has others in it.
- Daily sanitizing and disinfecting of all high contact surfaces, toys, and classroom areas.
- Children are taught to give one another personal space and to respect others requests for personal space.
- Staff and families are to wash their hands upon entry to classrooms and assist children in washing their hands also.
- Individual and family preferences regarding masks will be respected in all cases except where they may conflict with requirements from the Washington Department of Health, CDC (Centers for Disease Control) or DCYF. Lil' People's World policies regarding illness and COVID 19 take precedent over individual beliefs regarding masks and quarantining during illness.

Returning to Child Care after Suspected Signs of COVID-19 or Another Variant/Illness

Please note that the CDC's policies are in addition to Lil' People's World's existing illness policy, and Lil' People's World reserves the right to suspend care due to illness.

From the Washington State Department of Health Update on March 7, 2022

Students, children, and staff who have symptoms of COVID –19 are required to stay home and should get tested and/or see a health care provider and follow the return to work/care/school protocol accordingly:

- Individuals must isolate regardless of vaccination status.
- Individuals may return to care after 5 full days of isolation (the test day or first day of symptoms is day 0) **AND:**
 - Their symptoms have improved, or they are asymptomatic
 - They have been without a fever for the past 24 hours without the use of fever reducing medications.
 - Is strongly recommended to wear masks for days 6–10 **OR**
 - Test negative with an antigen or at home test.
- If the individual is not able or willing to wear a well-fitting mask during days 6–10 of their infection, they should continue to isolate through day 10, returning to care on day 11.
- Exposed individuals do not have to quarantine unless they begin to show symptoms. They should still:
 - Monitor for symptoms daily
 - Wear a mask (if age appropriate) for 10 days after the last date of exposure
 - Get tested 3-5 days after the last date of exposure.
 - For individuals who have had COVID-19 in the past 90 days, antigen tests are recommended as a PCR test may remain persistently positive and not be an indicative of a new infection.
 - At home tests are acceptable.

All COVID test results should be turned into your care provider, as we are required to work closely with the Department of Health to track cases and exposures.